

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
1	<i>Sweet chilli chicken with Wholegrain rice &amp; sweetcorn.</i>	<i>Beef pie, with steamed potatoes and seasonal vegetables. (G)</i>	<i>Meatballs in tomato sauce with whole grain pasta and vegetables. (G)</i>	<i>Steamed chicken , roast potatoes , seasonal vegetables and gravy.</i>	<i>Fish , chips,peas and tomato sauce (F,G)</i>
	<i>Quorn &amp; Vegetable korma with rice. (M,E)</i>	<i>Cheese wrap,with popcorn &amp; apple. (G,M)</i>	<i>Cheese and tomato pasta with vegetables .(G,M)</i>	<i>Quorn sausage Roast potatoes, seasonal vegetables and gravy. (G)</i>	<i>Vegetarian quiche, chips and peas. (M,E,MU)</i>
A	<i>Fruit Mousse (M) (May contain pork gelatin not suitable for vegetarians)</i>	<i>Strawberries and Ice cream. (M)</i>	<i>Biscuits(G,M,S O)</i>	<i>Melon</i>	<i>Brownies &amp; cocoa custard. (G,M)</i>
B	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>
C	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
1	<i>Chicken &amp; vegetable fajitas, with wholegrain rice. (G)</i>	<i>Sausage,yorkshire pudding,steamed potato,vegetables and gravy. (G,M,E,S)</i>	<i>Beef bolognese tri colour pasta and vegetable medley. (G)</i>	<i>Roast Chicken , Roasted potatoes, seasonal vegetables and gravy.</i>	<i>Salmon fish pie with peas. (F,MU,M)</i>
2	<i>Bbq beans with wholegrain rice , peas &amp; sweetcorn.</i>	<i>Wholemeal Egg sandwich with vegetable sticks. (E,G)</i>	<i>Spinach and parmesan gnocchi with vegetable medley. (G,M)</i>	<i>Quorn roast with potatoes , seasonal vegetables and gravy. (M,E)</i>	<i>Cheese pizza slice with saute potatoes and beans. (M,G)</i>
A	<i>Fruit smoothie</i>	<i>Cookie (G,M,SO,E)</i>	<i>Strawberry cheesecake (M,G)</i>	<i>Mandarin Jelly. (Jelly not suitable for vegetarians)</i>	<i>Iced sponge cake (M,G,SO,E)</i>

B	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>
C	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>	<i>Yoghurt (M)</i>
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
1	<i>Chicken &amp; vegetable korma with wholegrain rice &amp; peas. (M)</i>	<i>All day breakfast. (G,S)</i>	<i>Meaty Pizza Pasta bake ,With a baked Roll &amp; vegetables. (G,M,S)</i>	<i>Roast Ham ,roasted potatoes , seasonal vegetables and gravy.</i>	<i>Fish fingers, potato wedges and spaghetti hoops. (F,G)</i>
2	<i>Vegetable fingers with rice and peas. (G)</i>	<i>Quorn Vegetarian breakfast. (G)</i>	<i>Quorn sausage wholegrain pasta &amp; sauce With Vegetables. (G)</i>	<i>Cauliflower cheese ,Roasted potatoes , seasonal vegetables and gravy. (G,M)</i>	<i>Cheese spread &amp; cucumber bap with baked tortilla chips. (M,G)</i>
A	<i>Fruity Frozen yoghurt (M)</i>	Pancakes with syrup & Fruit. (G,M,E)	<i>Cheese &amp; crackers. (G,M)</i>	<i>Jelly and fruit (NOT SUITABLE FOR VEGETARIANS)</i>	<i>Flapjack (G)</i>
B	Fruit	Fruit	Fruit	Fruit	Fruit
C	Yoghurt (M)	Yoghurt (M)	Yoghurt (M)	Yoghurt (M)	Yoghurt (M)