

## Useful contacts

### Police Emergency 999

### Police Non-emergency 101

### NHS

111

[www.nhs.co.uk](http://www.nhs.co.uk)

Advice line for patients to get the right advice or treatment they need, be that for their physical or mental health. 24 hours a day, 7 days a week.

### Safeguarding and Welfare:

#### Somerset Direct

03001232224

[www.somerset.gov.uk](http://www.somerset.gov.uk) Textphone:07781482858

Children and young people's service– Advice and services for Education and Children's Social Care.

#### Emergency Duty Team (EDT)

0300 123 23 27

The Local Authority out of hours service (available from 17.30 -08.30) deals with emergency or urgently distressing situations. The team covers the Local Authority's statutory responsibilities under mental health, child care and welfare legislation. It is provided on an out of hours basis, including weekends and bank holidays.

### NSPCC

08088005000

[www.nspcc.org.uk](http://www.nspcc.org.uk)

### The Samaritans

116123

[www.samaritans.org](http://www.samaritans.org)

### Kooth

[www.kooth.com](http://www.kooth.com)

Young People's online support.

### Specialised Support:

#### SDAS– Somerset Drug & Alcohol Service

01935 383360

#### SIDAS (Somerset Intergated Domestic Abuse Service) 08006949999

[www.somersetsurvivors.org.uk](http://www.somersetsurvivors.org.uk)

#### SARSAS (Somerset & Avon Rape & Sexual Abuse Service)

[www.sarsas.org.uk](http://www.sarsas.org.uk)

Somerset based, specialist support for those who have experienced sexual violence at anytime in their lives.

#### Josephine's Star

[www.josephinesstar.org.uk](http://www.josephinesstar.org.uk)

Support for young people in their families in Somerset when someone special has died.

#### Cruse/ Young Cruse

[www.cruse.org.uk](http://www.cruse.org.uk)

National leading charity for bereaved people in the UK.